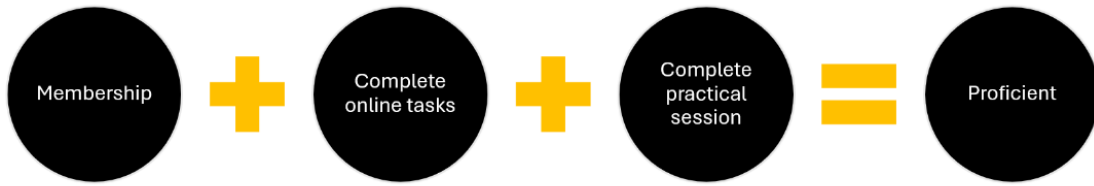


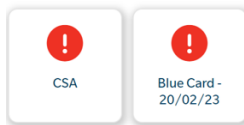
# 2024/2025 Skills Maintenance (Proficiency) Checklist



## 1 Sign in to the SLSQ Hub and check you have the **green ticks**

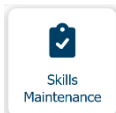


**Tip:** [Sign in to the Hub](#) using your existing **SLSA Members Area** name and password

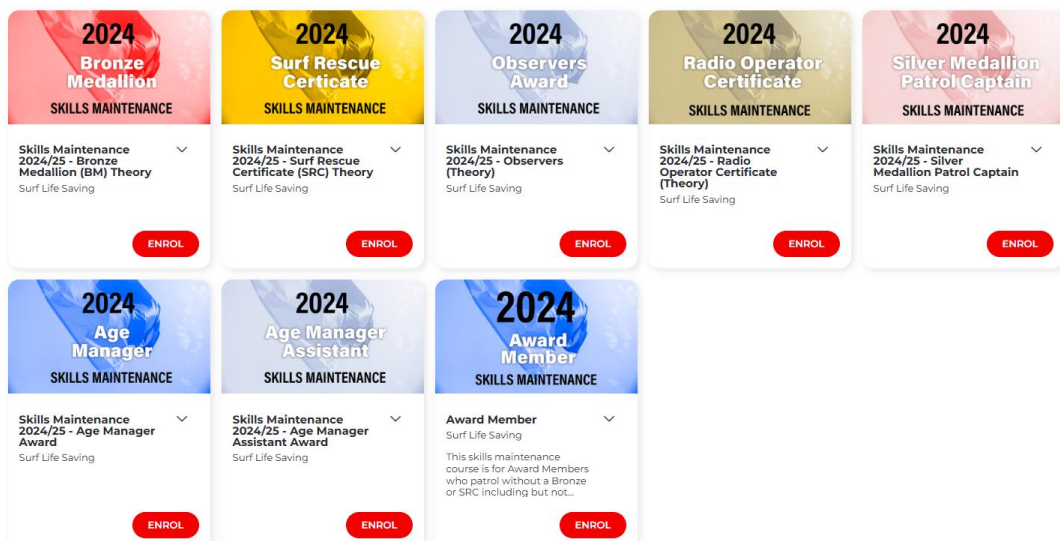


- If there is a red icon for any membership item, click the tile to complete the module or for more information.
- If you have any membership questions, please contact the club office.
- CYRMS, CSA and Blue Card only apply to members who are 18 years of age or older

## 2 Complete the online theory for each award you hold



- In the SLSQ Hub, click the skills maintenance tile
- Enrol into each award you are required to renew:



## 3 Complete the new Government Wireless Network (GWN) radio induction



- In the hub, click the GWN Radio induction tile to complete the induction.
- This training consists of concise instructional videos followed by related questions.


## 4 Be aware of important season updates

- Key changes and season updates are on the [2024/2025 skills maintenance bulletin](#)

You are now ready to enrol into a practical session (Bronze, SRC, IRB, Observers, Radio Operators, Resus, ART)

## How to enrol into a practical session

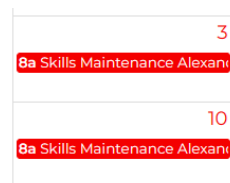
**1** Login to the [SLSQ Hub](#) using your existing SLSA members area username and password

**2**  Click the skills maintenance icon.

**3** Select **Training Event** on the left side menu to display the calendar. Sessions appear in red on the calendar.

Scroll through the calendar and locate the session you would like to attend (click to display the details). To enrol, click the **enrol** button.

**NOTE:** IRB is set up as a separate event so if you are doing bronze and IRB, you need to **also enrol into the IRB** session.



**4** Awards you are eligible to renew should be ticked. Please check this is correct. Deselect if needed.

**Note** if you previously held the SRC and now have a Bronze make sure only Bronze is selected.

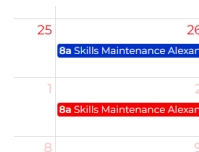
Click **Enrol**

Enrol for Skills Maintenance Alexandra Headland TAF Team 31 Aug 2024

Select the courses you wish to complete	Eligible
<input checked="" type="checkbox"/> Skills Maintenance 2024/25 - Bronze Medallion (BM)	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/> Skills Maintenance 2024/25 - ART	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/> Skills Maintenance 2024/25 - Resuscitation	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/> Skills Maintenance 2024/25 - Radio Operations (RO)	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/> Skills Maintenance 2024/25 - IRB Crew (IRBC)	<input checked="" type="checkbox"/>
<input type="checkbox"/> Skills Maintenance 2024/25 - Silver Medallion IRB Driver	<input checked="" type="checkbox"/>

Prerequisite errors

**5** The event you have enrolled into will now appear **blue** on your calendar.



➤ Once you are enrolled for skills maintenance you will receive a confirmation email from [noreply@etrainu.com](mailto:noreply@etrainu.com).



➤ This will go to your email address noted in Surfguard, so make sure your details are up to date in the members area – or check with the office.

**Tip:** You may need to check your **spam/junk** folder

**Note:** if you have enrolled into a session but can no longer attend, please unenrol so someone else can take your spot. It also helps our training team with planning resources for the session 😊

To do this, go to the Training event page, select the event (it will appear in blue) and click unenrol.

### Links to useful resources you can bookmark

Public Safety and Aquatic Rescue Manual 35<sup>th</sup> Edition (PSAR 35)



IRB Manual 9<sup>th</sup> Edition



SLSQ Club Management (you can also download this as an app)





# Skills Maintenance Frequently Asked Questions

## What happens if I have let my proficiency lapse?

### *Skipped a year or two? Not a problem!*

- Please complete a timed pool swim **prior to** attending skills maintenance and [bring this completed form](#) with you to your skills maintenance session.
- This is 400m under 9 minutes for Bronze or 200m under 5 minutes for SRC.

### *Skipped more than three years and are returning to surf lifesaving?*

Members that have not been proficient in the Bronze or SRC for a period of 3 years or more should contact Alex CTO, Dana Craven so we can discuss your options.

Email: [training@alexsurfclub.com.au](mailto:training@alexsurfclub.com.au)

## What happens if I can no longer meet the physical requirements of my award?

You can easily change roles and stay involved. There are also options for PCs who are unable to maintain their Bronze. Please contact Dana to discuss.



## What happens if I cannot make any of the sessions available at Alex?

If you cannot attend one of the many sessions offered at Alex, please contact the Club office as you may be able to attend skills maintenance at a different club within the Branch.

## What happens if the beach is closed?

In the event of beach closures, the event will be cancelled, and you will be notified. Cancelled events will be rescheduled. This will be based on assessor and resource availability.

## What happens if I am injured or sick?

Don't worry you can attend on a different day or attend at another club. Just like last year, we will also have a late skills maintenance process available for members. Please contact the club office to register.